

# Mentium 100

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## Overview

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Mentium is a nationally-recognized organization that offers a cross-company mentoring and leadership development program (“Mentium 100”) for top performing professional women in Fortune-ranked companies. The goals of the program are to help mentees grow professionally, clarify career and development goals, broaden their business perspective, gain insights into functional areas outside of their own, and improve their leadership, management and communications skills.

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## Program Components

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- **Mentoring.** Mentees are matched with a senior-level male or female executive from outside UnitedHealth Group with whom they will share a one-to-one mentoring partnership, generally meeting once per month. A formal half-day kickoff event is planned to help establish and support this one-year long relationship.
- **Leadership Education.** Mentees attend approximately six half-day cutting-edge business forums focusing on critical competencies and business issues.
- **Networking.** Mentees have multiple opportunities to work with a peer group of other high-performing women leaders who face similar issues and challenges.

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## Program Logistics

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- Mentium 100 is organized for a group once per year in in-person and virtual meetings. Selection is in Q2; internal orientation is in Q3; Mentium launch is in Q4. Partnerships last for one year.
- Participation is by nomination and selection; contact your manager if you are interested in learning more
- Participant Qualifications: High-performing women in salary grades 28 – 30; 6 or more years of professional experience, one year tenure at UnitedHealth Group; demonstrated leader in good standing within the organization; Committed to growth and development and able to devote time to participate in the program
- Fee: \$5,500